C&C ENTRY REQUEST FORM FOR CROSS COUNTRY CHAMPIONSHIPS

SURNAME	
E-MAIL ADDRESS FOR	CONFIRMATION OF DETAILS
HOME ADDRESS	
<u>TELEPHONE</u>	<u>AGE GROUP</u>
DATE OF BIRTH	

<u>THE CHAMPIONSHIP(S) FOR WHICH AN ENTRY IS REQUESTED</u> (Clearly circle YES or NO for each of the events, noting the comments about fees below and the date by which an entry request should be sent to John).

Cambridgeshire Cross-country Championships (Jan 11 th)	by 11 th Dec	YES / NO
Eastern Regional Cross-country Championships (Prov Jan 4 th)	by 10 th Dec	YES / NO
South of England Cross-country Championships (Jan 24 th)	by 20 th Dec	YES / NO
English National Cross-country championships (Feb 21st)	By 20 th Jan	YES / NO

Note – Cross-country Championship entry fees are paid by the club as team entries, and there is no charge to you as individuals. However, if you request to be entered and then do not compete, the club reserve the right to charge you for the fee which has been paid on your behalf, unless there is a valid medical reason or an unforeseeable personal problem.

Young athletes age-groups are defined by your age on August 31st of the previous summer. Ages 11 or 12 are under 13's, ages 13 or 14 are under 15's, and ages 15 or 16 are under 17's. Under 20's must be aged under 20 on 31st December of the current winter season. Seniors are those aged 20 or over on 31st December of the current winter.

The form, when completed, should be sent to : Nigel Burch, 29A Station Road, Waterbeach, Cambs CB5 9HT (or handed to him at a training evening – please do not rely on someone else to pass it on). Tel 01223 560161

It can also be e-mailed to either Nigel at Nigel.burch@ntlworld.com or John Kazer at johnkazer@hotmail.com. Johns phone number is 01223 308357

You will not be entered unless Nigel/John have received a completed and signed request form.

Ensure that forms are sent to Nigel/John at least FOUR WEEKS in advance of the event date, so that he can send entries before the closing dates. Note ECAA date is currently only provisional

If you do not have e-mail and want John to send you a map or timetable, please give him a stamped and selfaddressed envelope <u>for each</u> event requested.

The reason for using this more formal request procedure is to avoid the wastage of club funds that we have had in past years by entering athletes who then fail to turn up at the event to race.